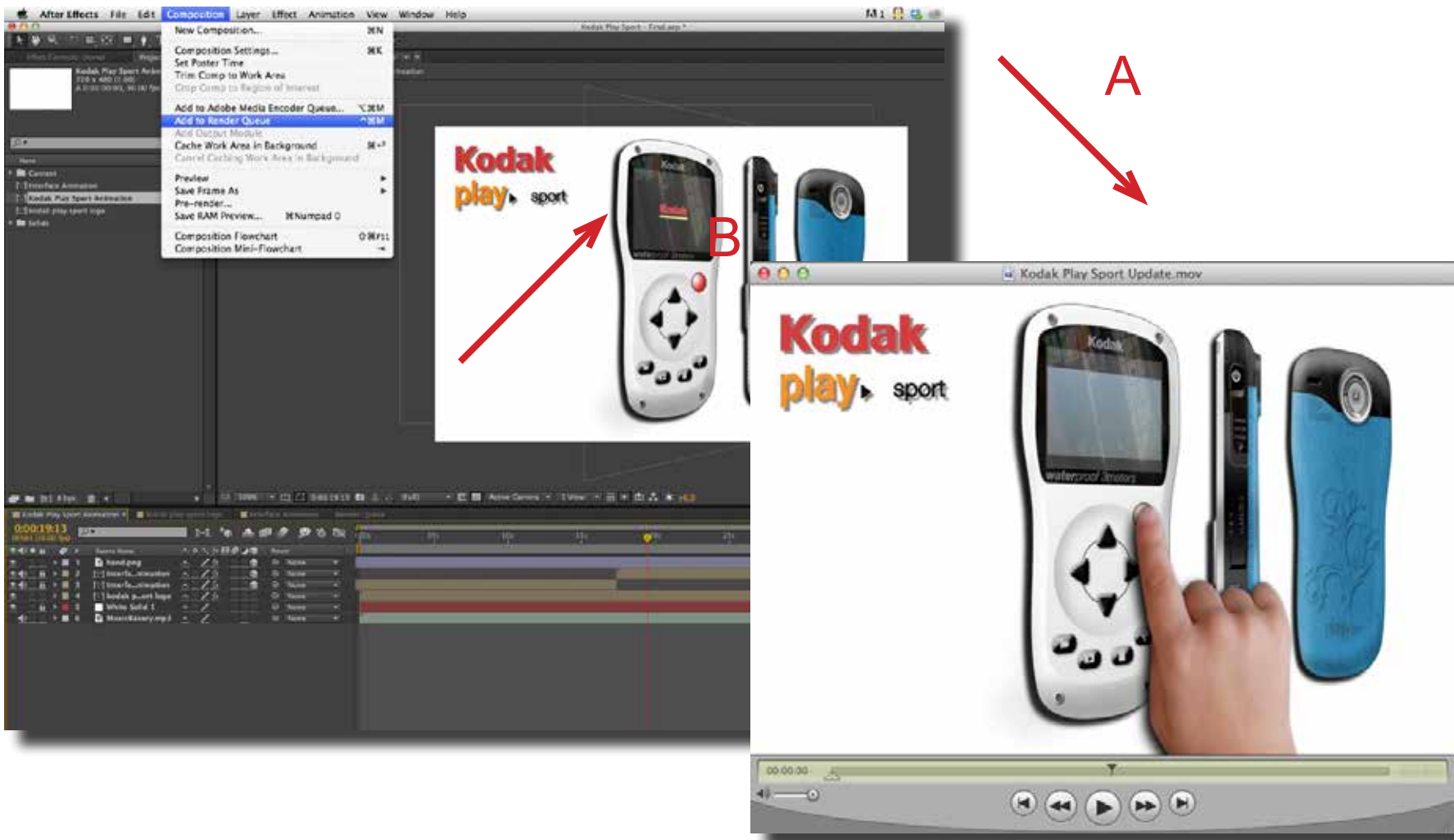


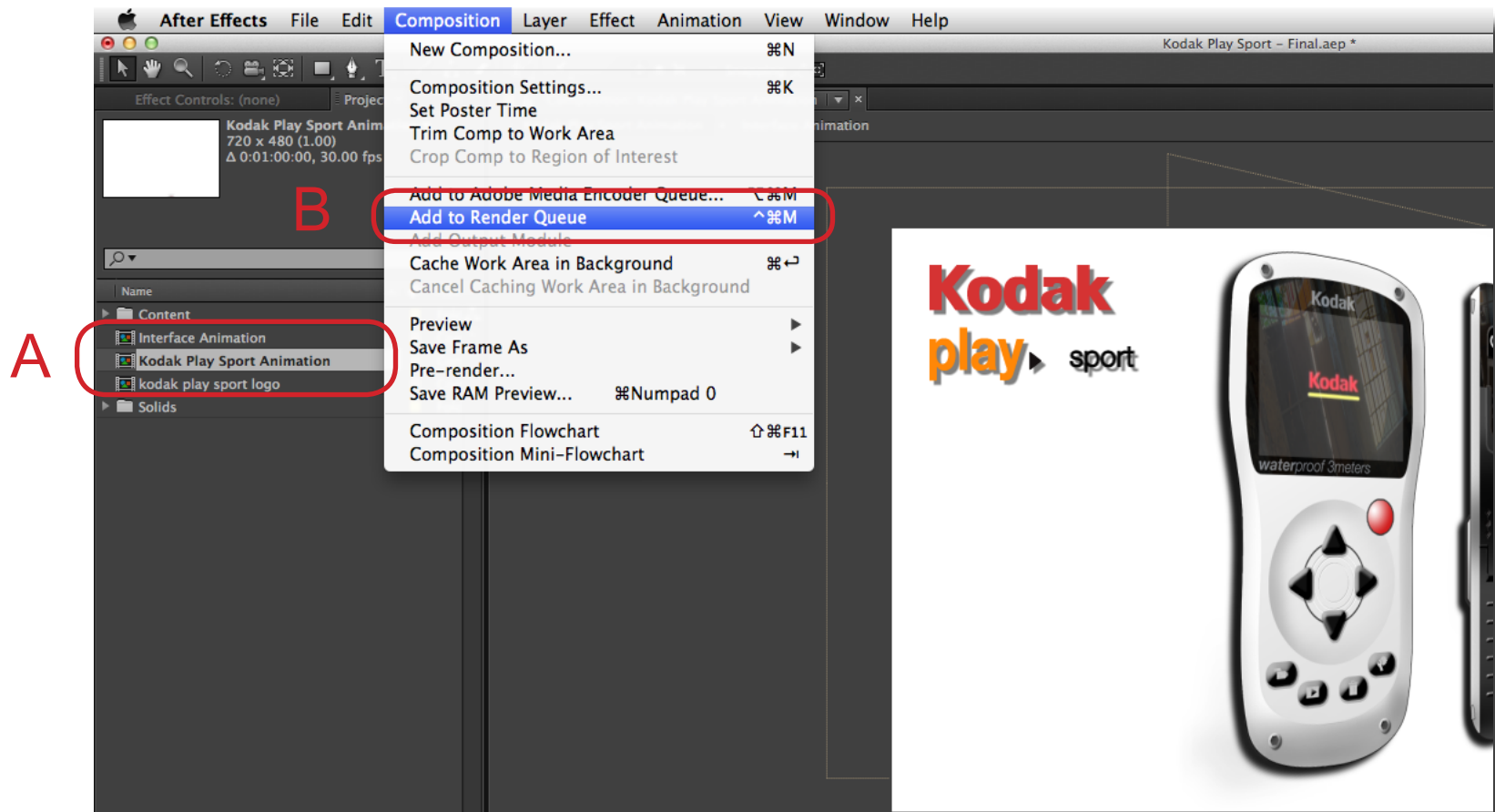
After Effects - Export Settings

To view a composition outside of After Effects, you need to render it out as a movie. This tutorial will cover how to export a composition (A) from After Effects so it can be viewed on the desktop, web or in a presentation.



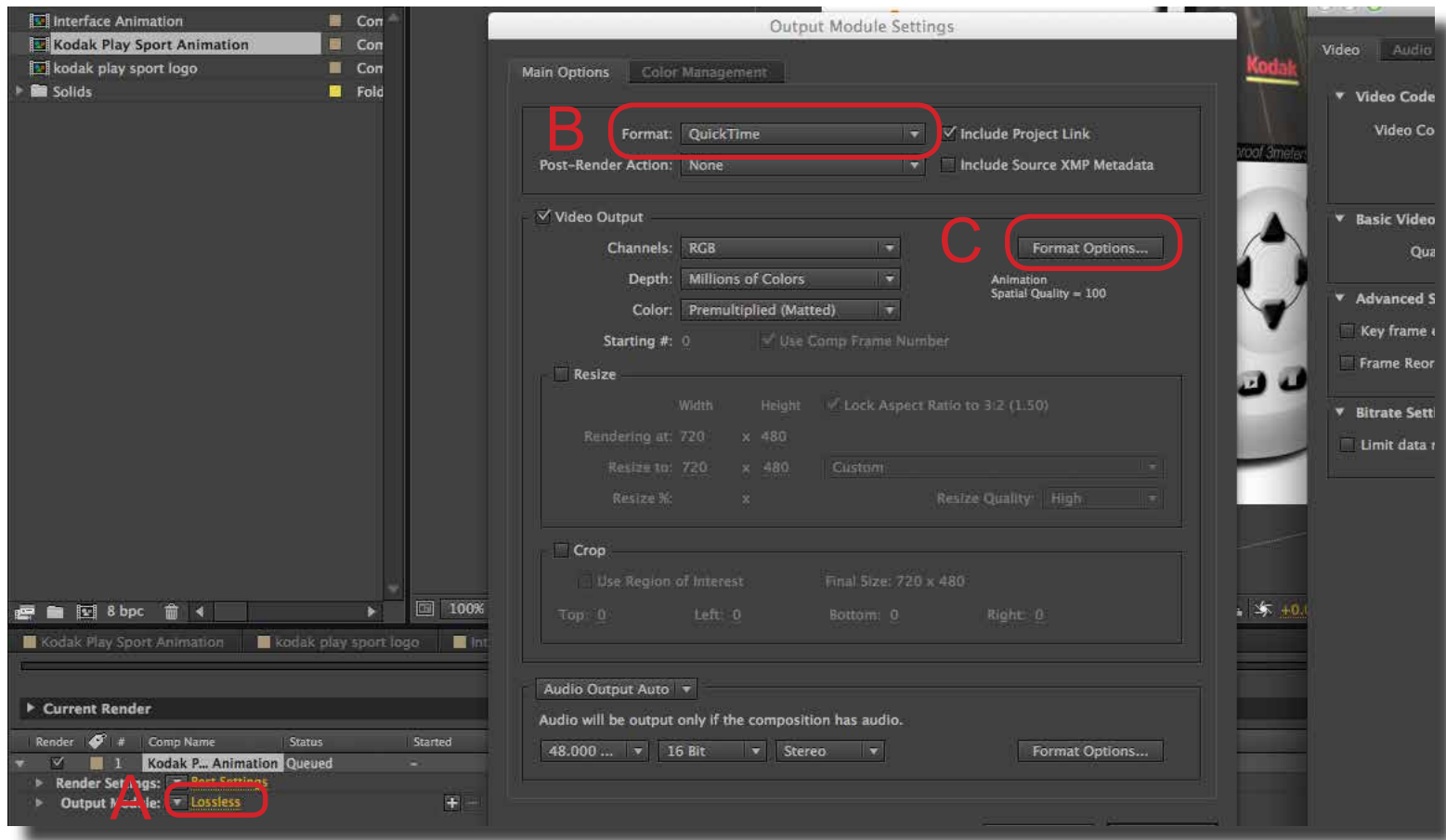
After Effects - Export Settings

Step 1 Select the composition in the Project panel (A) and select Composition > Add to Render Queue (B).



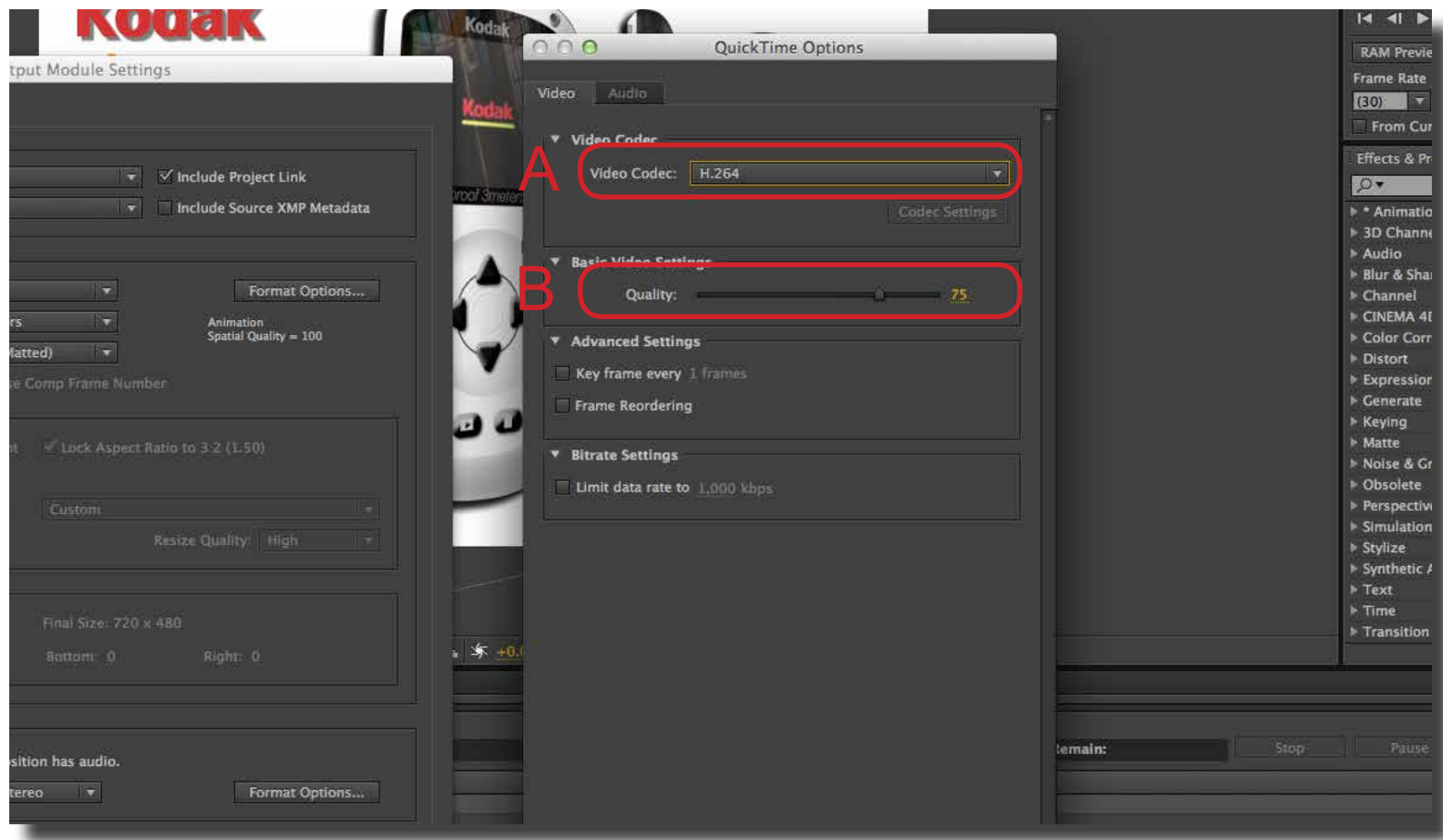
After Effects - Export Settings

Step 2 The Output Module needs to be set to the correct format. Select the current Output Module Lossless (A). In the Output Module Settings window, change the format type to Quicktime (B). Then select the Format Options button (C).



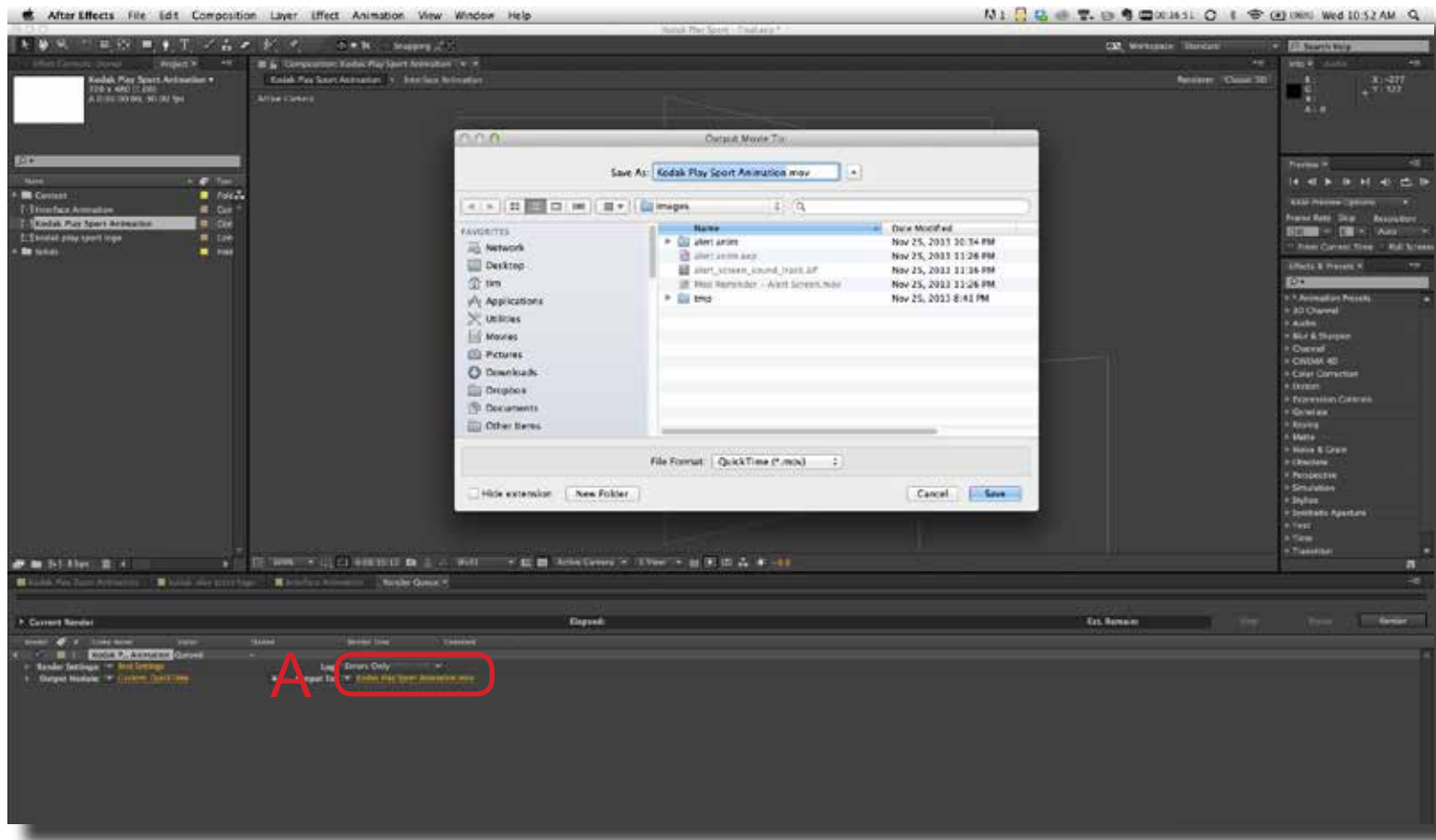
After Effects - Export Settings

Step 3 In the Quicktime Options window, select the H.264 as the Video Codec (A). Change the Quality setting to 75% (B). After exporting the video, examine the quality of the video. If it looks poor, then increase this value and re-export. You can also try a lower value to make a smaller file size.



After Effects - Export Settings

Step 4 If this is the first time rendering, the location and file name need to be set. Choose the Output To tab (A) and set the name and location. Click Save the close the window.



After Effects - Export Settings

Step 5 Select the Render button to render out the composition (A).

